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## **Smarter The New Science Of**

The new study showed that people can increase their “fluid” intelligence through

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training. Hurley, who grew up to become an award-winning science journalist, first explored the topic in The New York Times Magazine. In Smarter, he digs deeper by meeting with the field's leading researchers—and becoming a human guinea pig. After just three months of playing computer brain-training games, joining a boot-camp exercise

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program, learning to  
play the Renaissance  
lute, practicing  
mindfulness ...

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Expanding upon one of the most-read New York Times Magazine features of 2012, Smarter penetrates the hot new field of intelligence research to



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reveal what

researchers call a

revolution in human

intellectual abilities.

Shattering decades of  
dogma, scientists

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intel

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Finance Mentor Sure,

Malcolm Gladwell can

sell zillions of books

and conferences by

claiming that 10,000

hours of training

makes all the

difference.

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book. A Decent

Overview of all the

New Science and

Research Out there on

Improving Cognition.

By Atulya Bhimarasetty

on Feb 04, 2014.

Smarter takes an in-

depth look at the

science, on-going

research, methods and

techniques that

promise the benefits of

cognitive training.

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**Science of Building**

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Brain Power  
by Dan Hurley (Hudson Street  
Press; December 26,  
2013)

## **#50. A Summary of 'Smarter: The New Science of Building**

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"Smarter is an essential read. It's a riveting look at the birth of a new science as well as a user's manual for anyone who wants to be better at solving problems,

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learning new things,  
and coming up with

creative ideas."

—Daniel H. Pink,

author of Drive and A

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encouraging view of

cognitive

enhancement."

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“healthy body, healthy

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advances in

computerised brain

training games, these

blinks explore

scientifically

established methods of

improving cognitive

abilities.

**Smarter by Dan**

**Hurley - [blinkist.com](http://blinkist.com)**

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He is the coauthor of  
Wiser: Getting Beyond

Groupthink to Make  
Groups Smarter

(Harvard Business  
Review Press, 2015)

and author of the New  
York Times best seller  
The World According to  
Star Wars.

**Making Dumb  
Groups Smarter -  
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Quotes Showing 1-24  
of 24 “I’ve now  
interviewed a couple  
hundred researchers in  
the United States,  
Britain, France,  
Germany, Japan, and  
China.

### **Smarter Quotes by Dan Hurley**

The new science of  
building brain power  
may be said to have  
truly kicked off in 2002.  
In that year, Swedish  
psychologist Torkel

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Klingberg performed a

study wherein he found

that subjects

diagnosed with ADHD

improved in both

attention span and

general intelligence

after undergoing a

brain-training program

that involved working-

memory exercises ...

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vacation? The science of happiness recommends spending money on experiences rather than things, but it ignores finer distinctions.

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Expand/Collapse  
Synopsis A full executive summary of Smarter: The New Science of Building

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Hurley. This is not a  
chapter-by-chapter  
summary. Rather, the  
author takes an holistic  
approach, reorganizing  
and breaking down the  
content for easier  
understanding where  
necessary, and cutting  
out the repetition.

**An Executive  
Summary of Dan  
Hurley's 'Smarter:  
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the most-read New  
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2012, Smarter

penetrates the hot new  
field of intelligence

research to reveal

what researchers call a

revolution in human

intellectual abilities.

Shattering decades of

dogma, scientists

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“Smarter is an essential read. It’s a riveting look at the birth of a new science as well as a user’s manual for anyone who wants to be better at solving problems, learning new things, and coming up with creative ideas.”

—Daniel H. Pink,  
author of Drive and A  
Whole New Mind

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features of 2012,  
Smarter penetrates the  
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intelligence research to  
reveal what  
researchers call a  
revolution in human  
intellectual abilities.



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On Monday, July 13, FDA unveiled its blueprint for the “New Era of Smarter Food Safety”, an initiative utilizing digital tools and technologies to take food safety at the FDA into the 21st ...

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